






Insulin Supplies

- **Glucometer** (including lancing device, needles, and alcohol pads) or **Continuous Glucose Monitor (CGM)**
- **Insulin pen needles** (fine insulin pen needles (32G 4mm, 100 ct) or **insulin vial syringes and needles** (U-100 insulin syringe with needle, 29G 1cc ½ inch, box of 100)
- **Sharps disposal container**

DM Resources

Pre-diabetic Diet		How to Use Insulin Vials	
How to Use a Glucometer		Continuous Glucose Monitoring (CGM)	
How to Use an Insulin Pen		Low Blood Sugar (Hypoglycemia)	